

ADULT YOGA CLASS

When: Mondays

Where: Coquille Indian Tribe Community Center Gym

When: October 12th – December 14th, 2009

Time: 5:15 pm - 6:15 pm

Please RSVP to Dan or Luke by calling 888-9494 and bring soft blanket.

Eligibility:

- Tribal Members
- Kilkich Reservation Residents
- Coquille Indian Tribe Employees



Instructor:

- Kristin Crusoe RN (14 years experience)



A class where
mind & body
make a
connection
through
movement.